



STRENGTH

# CALENDAR 2019-2020

*The Positivity Project empowers America's youth to build positive relationships – and become their best selves. #OtherPeopleMatter*

“Intelligence plus character — that is the goal of true education.”  
—Dr. Martin Luther King, Jr.

## SEPTEMBER 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**STRENGTHS**

**Other People Matter Mindset (OPM2) – Intro Week**

- Curiosity
- Teamwork
- Open-Mindedness

**WEEK**

- 8-14
- 15-21
- 22-28
- 29-5

## OCTOBER 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**STRENGTHS**

**(OPM2) Being present and giving others my attention**

- Integrity
- Perspective
- Creativity

**WEEK**

- 6-12
- 13-19
- 20-26
- 27-2

## NOVEMBER 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**STRENGTHS**

**(OPM2) Knowing my words & actions affect others**

- Bravery
- Gratitude
- Gratitude

**WEEK**

- 3-9
- 10-16
- 17-23
- 24-30

## DECEMBER 2019

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**STRENGTHS**

- Kindness
- Humility
- Self-Control

**WEEK**

- 1-7
- 8-14
- 15-21

## JANUARY 2020

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### STRENGTHS

Optimism  
Prudence  
Perseverance  
**(OPM2) Supporting others when they struggle**

### WEEK

**5-11**  
**12-18**  
**19-25**  
**26-1**

## FEBRUARY 2020

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

### STRENGTHS

Forgiveness  
Love  
**Wild-card/Make-Up**  
Enthusiasm

### WEEK

**2-8**  
**9-15**  
**16-22**  
**23-29**

## MARCH 2020

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### STRENGTHS

**(OPM2) Cheering others' success**  
Social Intelligence  
Love of Learning  
Fairness  
Humor

### WEEK

**1-7**  
**8-14**  
**15-21**  
**22-28**  
**29-4**

## APRIL 2020

SUN	MON	TUES	WED	THURS	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

### STRENGTHS

**Wild-card/Make-Up**  
**(OPM2) Identifying & appreciating the good in others**  
Appreciation of Beauty & Excellence  
Purpose

### WEEK

**5-11**  
**12-18**  
**19-25**  
**26-2**

## MAY 2020

SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

### STRENGTHS

Leadership  
**Other People Matter (OPM2) - Outro Week**

### WEEK

**3-9**  
**10-16**



For more information visit  
**PosProject.org**